



## Education, Children and Families Committee

**10.00am, Tuesday 21 May 2019**

Dean of Guild Court Room, City Chambers, High Street, Edinburgh

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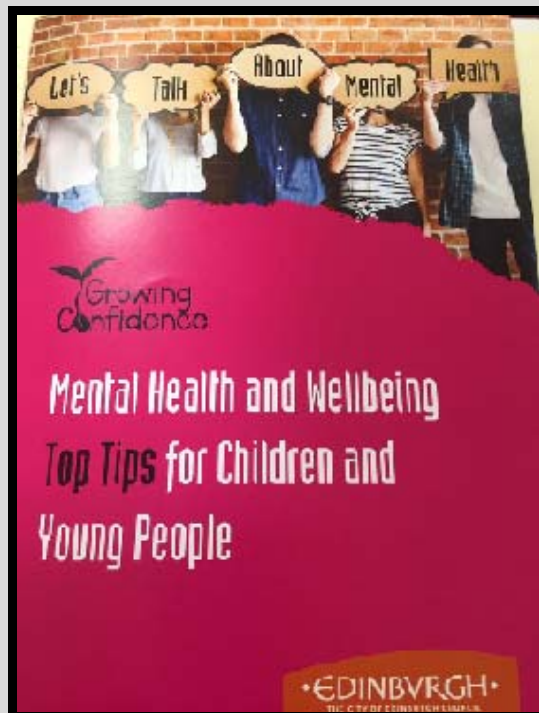
Convener:	Members:	Contact:
<p>Councillor Ian Perry</p>  <p>Vice Convener: Councillor Alison Dickie</p> 	<p> Councillor Eleanor Bird  Councillor Mary Campbell  Councillor Joan Griffiths  Councillor Gavin Corbett  Councillor Callum Laidlaw  Councillor David Key  Councillor Jason Rust  Councillor Stephanie Smith  Councillor Louise Young </p> <p><b>Added Members for Education Matters</b></p> <p><b>Religious Representatives</b></p> <p> Monsignor Anthony Duffy  Mrs Fiona Beveridge  Rabbi David Rose </p> <p><b>Parent Representative</b></p> <p>Alexander Ramage</p>	<p> Lesley Birrell  Committee Services  0131 529 4240 </p> <p> Laura Millar Service  and Policy Adviser  to the Convener  and Vice-Convener  Tel: 0131 529 4319 </p>

## Recent News

### Health and Wellbeing Team

On 28 February the Health and Wellbeing Team welcomed 160 people to their Children and Young People's Mental Health and Wellbeing in Schools conference at the Faith Mission. The day comprised of key note speeches from Paul Dix and Mike Armiger and showcases of good practice in schools and settings from staff and pupils. The team were also able to launch three Top Tips documents for pupils, schools and parents and carers to help support good emotional wellbeing and mental health. These documents were compiled after an extensive consultation with almost 450 children and young people in Edinburgh. Further work is ongoing to find innovative ways to best use these documents and to use feedback from the conference to compile a Top Tips for Staff. Watch this space!

*(Pictures: Louise Cook, Head Teacher Niddrie Mill PS and Paul Dix Pivotal Education and Top tips Document for Children and Young People)*



## **Trinity Academy**

On Friday 8 March 2019 Trinity Academy found out that their S3 #DigilInventor team called The Sleepyheads had been shortlisted in the Finals of the national digital technologies' competition. The #DigilInventorsChallenge, in association with Andy Murray and the Digital Health & Care Institute, tasked pupils with designing a smart new way to help Scotland's young people keep active, staying healthy and happy, now and in the future.

Sleepyheads is a team made up of six S3 pupils; Fergus Veitch, Jenny MacDonald, Archie Powell, Hannah Boldy, Gwilym Hughes and Katarina Kancir all mentored by Florence Donaldson, Teacher of Design and Technology, and Jemma McCusker, Teacher of Physical Education.

Their proposal called Shut-Eye is a product designed to improve the mental and emotional wellbeing of Scotland's Teens through sleep. It does so through a variety of techniques including, Aromatherapy, Light Therapy, Sound Therapy and Meditation. All of these aspects can be controlled through Bluetooth via an app on your phone or programmed through the device itself.

The app will be able to monitor your sleep, track steps, log your activities, set fitness goals and provide handy tips for a better night sleep and ultimately a healthier lifestyle. Through the product you will also be able to change the colour of your bedroom via lights housed within the product and allow you to choose sounds to fall asleep and wake up to.



We are extremely proud of how well the team have done, working tirelessly together, even through their February holidays! The Finals take place at the #DigilInventor bootcamp on the 25<sup>th</sup>- 26<sup>th</sup> March, at the Technology & Innovation Centre in Glasgow. Here, shortlisted teams to come face-to-face with fellow competitors, develop new skills and meet industry experts who will help each team transform their idea into a marketable concept! The pupils will hear presentations from the best in business and technology and take part in masterclasses to enhance their idea. Most importantly, they'll work with our team to turn our idea into a powerful pitch that would sell our idea to Mark Zuckerberg himself. We would like to this opportunity to wish The Sleepyheads the very best of luck at the Finals!

## Celebrating our winner of the Young Explorer

### Les Morgan Memorial Award

London, England 12 March 2019 - [British Exploring Society](#) - a youth development charity with a unique heritage founded on the belief that challenging experiences can change lives, announced last week the winner of its Young Explorer Award.

The award is given annually in memory of Les Morgan, an inspirational Leader who died in 2004 of Motor Neurone Disease. He was devoted to British Exploring Society and it is for this reason the award is in his name.

**Leah Carrigan** from [Castlebrae Community High School](#) in Scotland won this year's **Les Morgan Memorial Award** following her expedition to the Canadian Yukon in 2018. This annual award is presented to a Young Explorer who has shown exceptional initiative or leadership in adverse circumstances on expedition. The Award is made on the recommendation of the expedition Chief Leader and judged by the CEO of British Exploring Society, and this is what they had to say about her:



*Photo courtesy of Lisa Ferguson/JPI Media.*

*“Leah faced the challenges of demanding mountain conditions with stoicism and resilience, tears and laughter. She had a steep learning curve when walking and carrying heavy loads, pitching tents and cooking in the rain. She developed an inner strength and bore the adversity with a quiet smile, always aware of the needs of those around her.”*

Leah re-evaluated her attitude to education whilst on expedition and talked at length to the other explorers and leaders. She recently started rugby on the advice of a teacher and given her huge success, she is now on a rugby development programme.

Leah commented: *“Through this incredible experience, it made me realise what’s important in life and made me change and clear the path I wanted to go down. It made me mentally and physically stronger as a person and built my confidence massively.”*

All British Exploring Society Awards are based on evidence of positive role-modelling, the ability to step out of role and support others and the aptitude to take on personal challenges.

## **About British Exploring Society**

British Exploring Society (BES) is a youth development charity with a unique heritage founded on the belief that challenging experiences can change lives. BES is known for empowering and equipping young people with the courage, skills, resilience and determination to make the most of their future.

Established in 1932 by Surgeon Commander George Murray Levick, a survivor of Captain Scott's final 1910-1913 expedition, today British Exploring Society delivers a range of youth and leadership development expeditions and training to young people.

British Exploring Society prepares and takes young people (between the ages of 14 and 25) on expeditions to remote locations where they face challenges, gain skills and learn about themselves - as well as acquiring knowledge relevant to their lives and to the fragile environments that they explore. The programmes have always included a strong focus on scientific education and research.

British Exploring Society has taken 11,000 young people on these expeditions and the results are transformative – not just in terms of practical skills and resilience, but in a new-found confidence and self-belief which they carry forward to their future life.

More than this, through their adventure together, the young people forge friendships for life and become part of a unique supportive and continuing community of explorers with shared experiences, values and perspectives on the world.

For further information about **British Exploring Society** visit <http://www.britishexploring.org/> or contact **Anouk Jacob**, PR & Communications Manager on [anouk@britishexploring.org](mailto:anouk@britishexploring.org)

## **Edinburgh pupils draw top spots in national art competition**

Five Edinburgh school pupils have been selected from more than 7000 entrants as runners-up in the John Byrne National Drawing Competition.

The award recipients were:

- Luke Bourdman (P5) St Peter's RC Primary School – **First runner-up**
- Liam Christison (S1) Woodlands Special School
- Nico Razmilovic (S1) Fettes College Prep School
- Safia Ahmed (S3) St Augustine's RC High School
- Nina Obidairo-Danielsen (P7) Fettes College Prep School.

The pupils were presented their awards by renowned artist and playwright John Byrne at a ceremony at Paisley's Tannahill Centre, where a special exhibition of competition entries is on display until 15 April. John Byrne said: "This year we judged more than 7000 entries and the level of talent and imagination was outstanding. "I'm encouraged by the standard of all the artwork submitted and I hope pupils across Scotland will continue to show us their artistic skills and love for drawing."



The competition is run in partnership with Education Scotland and open to pupils across Scotland from P4 to S3. Alan Armstrong, Strategic Director for Education Scotland said: "Art and design are important parts of the Scottish curriculum.

"For years, this competition has encouraged many thousands of children to use their artistic talents to create inspiring and unique drawings.

"Education Scotland is proud to support the competition and its ethos of keeping the art of drawing alive." Renfrewshire Leisure Chairperson, Councillor Lisa-Marie Hughes said: "This annual drawing competition is a great way to encourage young people to fulfil their artistic potential.

"John Byrne is one of Paisley's famous sons and his paintings and plays are enjoyed by many generations. For all we know, we might find a new John Byrne in our midst among the young artists whose work is on show."

### **Award Winning Librarian Poet**

Stewart Sanderson, Library Advisor at the Central Library has been awarded the Jessie Kesson Fellowship for 2019. This is an award given by the Moniac Mhor Writers' Centre and the award was established in 2009 by Moniac Mhor to honour Jessie Kesson's inspirational life and work.

Stewart will get the chance to develop his work, as well as opportunities to expand his practice. He will stay at Moniac Mhor for three weeks in March.

Stewart works as an advisor in our Edinburgh and Scottish Collection and he's already received several awards and commendations: in 2014 and 2016 he was shortlisted for the Edwin Morgan Poetry Award, and in 2017 received commendations from the *PN Review* Poetry Prize and the Stephen Spender Prize for poetry in translation. He received an Eric Gregory Award in 2015. In 2016 he was awarded a Robert Louis Stevenson Fellowship, allowing him to spend a month working on new poems in Grez-sur-Loing, France. He completed a PhD at the University of Glasgow, which addresses the role of translation in twentieth-century Scottish poetry; his own versions from French and from Russian have been included in recent publications.

A first pamphlet of poems, *Fios*, was published by Tapsalteerie in 2015, and Sanderson is currently working towards his first full-length collection.

Stewart's new pamphlet of poems can be found following this

link: <http://www.tapsalteerie.co.uk/product/an-offering-by-stewart-sanderson/>

### **Update Breakfast Clubs in City of Edinburgh Schools**

Breakfast clubs help to support a healthy, positive start to the day for all children, but in particular, vulnerable children and their families. They make a key contribution to Council priorities by helping to mitigate the effects of child poverty and issues associated with low income. Breakfast clubs promote attendance, punctuality and readiness to learn. Due to the increased demand from parents and carers in work and training, breakfast clubs align themselves and give added value to the city's affordable childcare agenda.

The aspiration for all 88 mainstream primary schools to deliver or to have access to a breakfast club has now been realised. It is a mixed landscape of providers including CEC funded/school managed, commercial and parent/committee led organisations. Currently, forty-seven primary schools are CEC funded/school managed. In addition, to the mainstream Breakfast Club Programme, 8 special schools are in receipt of CEC funding to support the delivery of breakfast provision to approximately 500 pupils who attend special school each day.

Around 4000 children attend a breakfast club across the city each day. Of the 2000 children who attend CEC funded/school managed breakfast clubs, around 50% are from families within the Scottish Index of Multiple Deprivation deciles 1-4.

Eight CEC/school managed breakfast clubs benefit from sponsorship through the business community, from organisations who wish to realise their corporate social responsibilities through the Breakfast Club Programme. A further 8 schools benefit from support from a range of national and local charitable organisations.

### **The Champions Board**

There has been considerable activity within the Champions Board since the beginning of the year. The Board which comprised of Participation Officers (2 x care experienced young people employed by the Council), Champions (care experienced young people) and Ambassadors (Who Cares? Scotland, Senior Managers and an Elected Member) have focused on developing working relationships informed by the lived experience of the members. The Board continues to meet on the first Wednesday of each month. In February, Board Members participated in a three day Columba 1400 residential programme near Loch Lomond to identify and action plan and the resources required to progress it. The Columba 1400 experience provided a unique forum for the Champions and Ambassadors to work together on an equal footing build the positive working relationship necessary to drive the development of the Board.

Since January, the Care Inspectorate, members of the Independent Care Review and , the Scottish Children and Young People's Commissioner have attended the Champions Board monthly meetings to engage on a range of issues. Board Members have created a branding to promote their work across. The branding 'Edinburgh Champions Board is accompanied by a microphone and supporting wording of 'Care, Quality and Chance' which members felt summarised the aspirations of the Board. Contracts have been developed to set out the expectations of members reflecting an acknowledgement that for Champions in particular life events may impact on the level of commitment they can offer.

Since their appointment in November 18, the two Participation Officers have undertaken a range of awareness raising activities on behalf of the Champions Board. This has included attendance at national network events, visits to social work teams residential units and participation in training events. The Participation Officers contribute to agenda planning and attend the Champions Board and Corporate Parenting Member Officer Group. It is planned that the Participation Officers will forge relationships with other Champions Boards to identify and share good practice. They will also be involved in the recruitment of new Champions Board members utilising the welcome pack they have developed.



## **PACE**

In April of last year this Council formally began its involvement in the Scottish Government's Permanence and Care Excellence programme (PACE). This programme is focused on the aim of enabling more looked after children to experience permanence. This means providing them with stability, including secure and nurturing relationships, in a setting that continues to adulthood. A permanent outcome for a child can be through living with birth parents, in kinship or foster care or through adoption.

The programme supports local authorities and their partners - in health, Children's Hearings, the Scottish Children's Reporter Administration and the courts – to identify areas of blockages or difficulties in securing permanence for looked after children and to reduce delay where it is appropriate to do so. In Edinburgh the programme is targeted at children under 12 years of age.

There are 4 distinct aims groups which have the following objectives:

- 1) Reduce the number of children and young people on a long-term compulsory supervision order of two years
- 2) Increase the number of children who are Looked After by the City of Edinburgh Council, who have a recommendation for Permanence by 7.5 months
- 3) Increase the number of children under 12 who have a recommendation for permanence away from home, who have a permanence plan with legal route signed off by an ADM within 15 weeks from permanence recommendation. For children who have their legal route deferred at panel, increase the number who will return within six months for a legal route decision.
- 4) Increase the number of children whose permanence plan is to pursue a permanence order or permanence order with authority to adopt, who have their application lodged in court within 16 weeks of the decision by the ADM.

Each Aim has a working group which is establishing tests of change and examining existing systems to identify and implement improvements. The programme reports to Edinburgh Children's Partnership and operates through a Champions board attended by representatives of key stakeholders and members of the 4 Aims working groups.

The programme is also supported by colleagues at CELCIS who assist with producing and analysing data and supporting the work of the champions board and aims working groups.

The data provided on progress dated March 2019 shows that:

### **Aim 1 – CSO at Home ceasing (aged under 12)**

	7 Mar 2019	15 Jan 2019	20 Nov 2018	30 Sep 2018
number of children	56	51	40	29
% within 24 months	70%	73%	75%	76%
median	23 months	22 months	23 months	23 months

**Aim 2 - Permanence Decision (aged under 12)**

	7 Mar 2019	15 Jan 2019	20 Nov 2018	12 Sep 2018
number of children	103	82	62	30
Permanence - Referral to Panel	63	54	40	14
Permanence - Non-Referral	12	8	4	2
Rehabilitation	21	16	16	12
Not required – other order in place	7	4	2	2
% within 7.5 months	60%*	60%*	51%	47%
median	28 weeks*	28 weeks*	31 weeks	40 weeks

**Aim 3 - ADM decision (aged under 12)**

	7 Mar 2019	15 Jan 2019	20 Nov 2018	12 Sep 2018
number of children	46	40	34	23
PO	15	15	13	10
POA	9	8	8	4
Section 11 Residence Order	5	3	1	0
Legal route deferred	12	9	8	6
Not to register	3	3	2	2
Adoption Direct Petition	1	1	-	-
Not recorded	4	1	1	1
% within 15 weeks	17%	15%	9%	13%
median	25 weeks	27 weeks	27 weeks	26 weeks

Notes:

- 1) PO/POA cases – of the 23 there are 3 with Court status of 'in progress' (i.e. submission to court)

#### Aim 4 – Submission to court

	7 Mar 2019	15 Jan 2019	20 Nov 2018	12 Sep 2018
number of children	69	58	42	33
PO	44	37	25	19
POA	25	21	17	14
Status:				
To be arranged	37	29	30	21
In progress (i.e. submission)	18	16	2	4
Arranged	6	6	4	2
Completed	6	6	5	5
Not recorded	1	1	1	1

#### Stand Up for Siblings

The Stand Up For Siblings (SUFS) group launched in March 2018. It is a collaboration between a number of child welfare, children's rights and legal organisations and academics within Scotland. It acknowledges that sibling relationships become disrupted when, for example, children become looked after or when the courts intervene in parenting. It seeks to promote and protect the rights and promote the wellbeing of siblings in such circumstances.

Within Communities and Families, a senior practitioner in Family Based Care has taken a lead role in promoting this campaign. Activities have included promoting the use of the best practice guidance book "Beyond Together or Apart: Planning for, assessing and placing sibling groups." with social work practitioners across the city; the delivery of presentations on this theme at a Permanence Approval Panel development day which will be repeated with Panel Chairs and Agency Decision makers.

The work of SUFS will be further promoted in conjunction with colleagues at Life Long links. This work will seek to engage with Children's practice teams to promote sibling contact and relationships, encourage creative thinking and positive approaches to keeping siblings together, and maintaining Life-Long Links for children

## Psychological Services, Nurture Conference 2018

*"Educating the mind without educating the heart is no education at all." Aristotle*

The City of Edinburgh Council's first ever nurture conference was held in August 2018. The day was hugely successful with nearly 80 delegates from schools all over Edinburgh. Delegates highly valued the space to reflect together on how we can continuously improve nurture practice in our schools. Keynote speeches from Psychological Services and Margot MacAlister, Head teacher of St Francis Primary School helped deepen our knowledge and understanding of nurture theory and practice. Themes included relational boundaries, adverse childhood experiences and trauma. We closed the day enthused and inspired for the possibilities for nurture in the year ahead.



Nurture forms a crucial part of many of our schools' plans for development and Psychological Services are delighted to be supporting this vital work. Over 140 members of City of Edinburgh Council school staff completed Psychological Services' comprehensive nurture practitioner training in 2017-18 which allows them to run a nurture group in their school. As a result of high demand we have released more dates for our two-day practitioner training. Two members of staff must attend together since one person cannot run a nurture group alone. Training can be booked on the learning and development directory.

We have launched Tea and Talk sessions for nurture practitioners to share and network together. These are run in partnership by Psychological Services and the Additional Support for Learning Service.

If you are interested in developing nurture further in your school please contact Aicha Reid, Depute Principal Educational Psychologist, tel. 469 2800 [aicha.reid@ea.edin.sch.uk](mailto:aicha.reid@ea.edin.sch.uk)